

# Bourne Galletly Practice Team

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## CARERS IDENTIFICATION AND REFERRAL FORM

### ***Do you look after someone who is ill, frail, disabled or mentally ill?***

If so, you are a carer and we would like to support you. Therefore, please could you complete this form and bring it back to the surgery and hand to the reception team.

### **Your Details (carer)**

Name:	
Date Of Birth:	
Address	
Post Code	
Telephone Number:	
Any other relevant information	

### **Details of the Person You Look After**

Name:	
Date of Birth:	
Address (If different from above)	
Post Code	
Telephone Number: (If different from above)	
GP Details (If different from your own)	
Your relationship to the person you care for:	

### **Consent**

- I consent to my carer speaking to the Galletly Practice Team on my behalf  
Signed..... Date.....
- I consent to the Galletly Practice contacting my carer in the case of an emergency  
Signed..... Date.....
- I confirm that the above named carer is my next of kin  
Signed..... Date.....

***Thank you for completing this form***

## Who Cares?

It is estimated that 6.5million people are carers, supporting a loved one who is older, disabled or seriously ill. That's 1 in 8 people.

Our loved ones are living longer with illness or disability, more and more of us are looking after them. Round the clock, a few hours a week, live in, miles away – caring has a big impact on us and our lives.

Caring is so important, it makes us human, holds friends and family together and empowers our loved ones. You are making an enormous contribution to society.

You may feel stretched to the limit – juggling care with your own commitments or struggling with poor health or financial concerns yourself.

At Bourne Galletly Medical Practice we believe that caring for you is as important as caring for our unwell patients. Registering you as a carer enables us to regularly check on your health, offer you access to vaccinations, easier appointments, and refer you for help when you need it. Here is how we can help:

- We will contact you once a year to ask how you are and see how we can help
- We have a Facebook carers group you are welcome to join (Bourne Galletly Medical Practice Carers' Support)
- Our PPG have produced a leaflet on community support, please pick one up or call and we can send one to you
- We can refer you for a carers assessment, please ask your GP
- Here are some numbers you may find helpful

RESOURCE	CONTACT NUMBER
Carers Line <a href="http://www.carersuk.org">www.carersuk.org</a>	0808 8087777
Community Nursing Service	01778 394185
Macmillan Nursing Service	01778 573799
Carers First	01522 782224
Social Prescribing at Galletly Practice	01778 562200 extn 1336 or email <a href="mailto:lccg.socialprescribing.slr@nhs.net">lccg.socialprescribing.slr@nhs.net</a>
Carers Connect - Working with Carers in Lincolnshire <a href="http://www.carersconnect.me">www.carersconnect.me</a>	01522 812830 or email <a href="mailto:Lincs2Advice@ageuklsl.org.uk">Lincs2Advice@ageuklsl.org.uk</a>