

GALLETLY

The Surgery
40 North Road,
Bourne
Lincs.
PE10 9BT



R A P P E V I N E

Dr Cecil Sweetnam 1919-2004

It is with sadness that we learn of the death of Dr Cecil Sweetnam on the sixth of September, aged 84. Dr Sweetnam joined Dr Allistair Galletly in General Practice here in 1951 and became senior partner in 1969. He retired in 1987, but, according to his long time colleague Dr Geoffrey Smith "He had a round of elderly folk he visited after retirement and was a good friend and 'ear' to them. His greatest attribute was the main one for a GP - he had compassion for people. He was a real character. For many years he looked after St Peters Hospital and was very kind to the residents."

Hello from Penny Blaze, Practice Nurse

I was delighted to join Galletly Practice in February this year, as one of the Practice nurse team. For the last four years I have worked as a Practice Nurse in

several GP surgeries and prior to that I was a District Nurse and also worked in a hospice. The wonderful diversity of surgery work makes it a most interesting job and I can truly say that when I come to work I never quite know what my work load will be. As there is no standard background for a Practice nurse the experience I have fits in well with my nursing colleagues to provide a good all round nursing service. So now that I am up to speed with the job I am gearing up to the Imminent Flu campaign which starts at the end of September.

Enquiries	01778 562200
Appointments	01778 562201
Repeat Prescriptions	01778 562203
NHS Direct 24 hr Helpline	0845 46 47
WellDoc Out of Hours Emergencies	01780 752679

Target Training dates

Please note that the Surgery will be closed from 12.30 pm on the following dates to allow the Partners and staff to attend the Lincolnshire Target training.

Thursday 16th September
Thursday 14th October
Thursday 11th November
Thursday 16th December

If you need to collect medication from our dispensary please ensure you do so before 12.30 on these days.

Commitment to Quality (CTQ) award for the Galletly Practice



The Practice are proud and delighted to announce that they have been presented with a prestigious quality award for the service they provide.

Some time ago practices in the area were invited by the Lincolnshire South West teaching Primary Care Trust to apply for this accreditation. The scheme began in Sheffield where it was adopted by the Sheffield Primary Care Trusts as their model for practices to aspire to for the provision of an excellent standard of patient care. The preparation work for our award involved the whole practice team and their commitment is to be commended.

Early in July this year the team of three inspectors, a General Practitioner, a Practice Manager and a Primary Care Trust Patient Services Manager, arrived to spend two days with the Practice looking at our policies and procedures across all of the standards. They also spent time in each department and interviewed all of the doctors and many key staff. There were 41 standards in total; seventeen administrative standards, six human resource management standards and eighteen clinical standards. At the end of the visit the inspection team announced that we had passed with flying colours. We were given several commendations for excellence which was particularly pleasing.

The award was presented to Doctor Antony Wright, Clinical Governance lead for the practice, on the evening of 2nd September, by Mr Derek Bray, Chief Executive Officer of the Lincolnshire South West training Primary Care Trust.

Flu campaign

We are once again this year encouraging all of our patients in the “high risk” groups to take advantage of the flu vaccine we are offering. You can catch flu by breathing in droplets in the air that contain the virus or by handling items touched by an infected person. Most people will recover from flu within a couple of weeks but others, who have chronic disease, are more likely to develop what are potentially life threatening complications.

If you can answer ‘yes’ to any of these questions we recommend that you have a flu jab.

- **Do you have lung disease – asthma, emphysema or chronic bronchitis?**

If you have lung disease and you catch flu your body’s defences will be fully employed fighting the flu virus. While your defences are down a secondary infection like pneumonia can get in. If you then develop pneumonia, you are more likely to die than someone who was previously fit.

- **Do you have heart disease, kidney disease or diabetes?**

Doctors have noticed that people who are in hospital with flu have changes or abnormalities in the rhythm of their heartbeat, which suggests there is a problem with the heart muscle. Studies have indicated that people with heart disease who have a flu jab are less likely to have a heart attack.

The combination of flu, pneumonia and diabetes is particularly dangerous and the death rate among diabetics can increase by about a third when there is a lot of flu about.

- **Are you taking chemotherapy or steroid treatment?**

If you have no spleen or are taking chemotherapy or steroid treatment or if you have HIV, your immune system is already weakened. If flu strikes, it will further depress your capability to fight infection, and other diseases may attack your body. Cancer patients and those who have had an organ transplant are more likely to catch flu, since their immune system is not working properly.

- **Are you aged 65 or over?**

Death from influenza is most common in the over 65 age group. If you are over 65, you are likely to have more severe flu and to be admitted to hospital than younger patients.

This year we will be holding our flu vaccine clinics on the first two Saturdays in October i.e. the 2nd October and 9th October from 8.30 am to 2.00 pm. Appointments are now bookable for these clinics.

Did you know

Doctors in general practice spend most of the day seeing their patients. However, they have many other tasks which must be completed each day – here are just some of them:-

Dictating letters to hospital consultants – 30 minutes per day

Signing repeat prescriptions for patients – 30 minutes per day

Telephoning patients – variable but averages 45 minutes per day

Reading correspondence from hospital consultants regarding patients – up to 1 hour per day

Driving to home visits – up to 1 hour per day

Important news regarding Saturday morning emergency surgery

From Saturday 16th October, 2004 the surgery will be closed on Saturday morning. If you have an urgent problem that cannot wait until the surgery re-opens on Monday morning you should telephone the surgery on 01778 562200. You will be answered by the receptionist on emergency duty who will contact the doctor to deal with your urgent problem.

The dispensary will not be open and it will not be possible to collect prescriptions. Patients must therefore ensure that all medication is collected during the week.